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# Turning the Tides

The Importance of Sensitive *ESR1* Liquid Biopsy Surveillance in Overcoming Treatment-Resistant, Hormone Receptor-Positive Metastatic Breast Cancer

Kevin Kelnar - Manager, R&D

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### Agenda

### Bringing High-Sensitivity *ESR1* Mutation Testing to qPCR

- ESR1 Mutations in HR+ Metastatic Breast Cancer
- Improved Progression-Free Survival through *ESR1* Monitoring
- Heightened *ESR1* Sensitivity via cfDNA and exoRNA

# Goals of this session

- Understand how *ESR1* mutations lead to frontline endocrine therapy resistance in hormone receptor-positive metastatic breast cancer (HR-positive mBC)
- Learn how clinical trials showing improved progression-free survival through *ESR1* monitoring to inform treatment decisions and approval of novel second line therapies have influenced NCCN guidelines and the role of *ESR1* liquid biopsy in HR-positive, HER2-negative mBC
- Examine real-time PCR as one example of a cost-effective and efficient approach for *ESR1* liquid biopsy surveillance and how combining cfDNA with exosomal RNA can improve test sensitivity

## *ESR1* Mutations in HR+ Metastatic Breast Cancer

### Primary Treatments for HR+ BC

Endocrine therapy is the backbone of treating HR+ BC. There are three distinct mechanisms of action for how these therapies downgrade activity of the ER and arrest progression of disease.



- Endocrine therapies (ET) in breast cancer fall into three categories:
  - Aromatase inhibitors (Als)
  - Selective estrogen receptor modulators (SERMs)
  - Selective estrogen receptor degraders (SERDs)
  - Als block estrogen production by inhibiting the aromatization of androgens to estrogens.
- SERMs (tamoxifen) competitively inhibit the binding of estrogen to the ER.
- SERDs produce a reduction of SERDbound ER ability to translocate to the nucleus, inhibiting transcription of ERregulated genes. The SERD-bound ER subsequently undergoes degradation.

# *ESR1* Mutations are the Leading Cause of Primary Treatment Resistance in HR+ mBC

~70% of all Breast Cancers are HR+ HER2-



**AF-1**: activation function-1 | **AF-2**: activation function-2 | **DBD**: DNA-binding domain | **LBD**: ligand-binding domain

Estrogen is the ligand which binds to the Estrogen Receptor (ER). *ESR1* mutations in the LBD turn the ER "on" even in the absence of estrogen. Thus, via  $ESR1_{mut}$  estrogen-dependent disease becomes estrogen-*independent*.

- *ESR1* mutations are extremely rare in treatment-naïve disease
- Up to 40% of HR+ mBC patients with prolonged exposure to aromatase inhibitors will develop *ESR1* mutations
- Acquired mutations in *ESR1* are concentrated in the ligand-binding domain (LBD), and results in an "always on" estrogen receptor

#### *ESR1* Mutation Testing Now Included in NCCN Guidelines for HR+ mBC

As *ESR1* mutations are recommended to be tested to guide therapy decisions following front-line treatment failure, the NCCN recommends testing via LBx with PCR and NGS as suitable detection methods

NCCN National Comprehensive Cancer Network® NCCN Guidelines Version 4.2023 Invasive Breast Cancer								
ADDITIONAL TARGETED THERAPIES AND ASSOCIATED BIOMARKER TESTING FOR RECURRENT UNRESECTABLE (LOCAL OR REGIONAL) OR STAGE IV (M1) DISEASE								
Biomarkers Associated with FDA-Approved Therapies								
Breast Cancer Subtype	Biomarker	Detection	FDA-Approved Agents	NCCN Category of Evidence	NCCN Category of Preference			
HR-positive/ HER2-negative <sup>v</sup>	PIK3CA activating mutation	PCR (blood or tissue block if blood negative)	Alpelisib + fulvestrant <sup>w</sup>	Category 1	Preferred second- or subsequent-line therapy			
HR-positive/ HER2-negative <sup>x</sup>	ESR1 mutation	NGS, PCR (blood)	Elacestrant	Category 2A	Other recommended regimen			

- Following FDA-approval of Elacestrant, the NCCN guidelines were quickly amended to recommend *ESR1* as a validated biomarker to guide downstream treatment decisions
- Since *ESR1* mutations are extremely rare in primary tumors, which are often molecularly characterized using tissue, the NCCN recommends using a blood test (liquid biopsy) to detect *ESR1* mutations

# Improved Progression-Free Survival thru *ESR1* Monitoring

### PADA-1: Early Detection = Early Intervention = Better Outcomes

Significant benefits to patient outcomes are being realized through monitoring for actionable/ resistance mutations and switching therapy *before* radiological progression

#### Phase III PADA-1 Trial

Test benefit of therapy change based on detection of *ESR1* mutations in HR+ mBC



Lancet Oncol. 2022 Nov;23(11):1367-1377.

HR+ BC = hormone receptor-positive breast cancer

*ESR1* mutations can be detected in plasma up to 12 mos before radiological progression, highlighting the clinical benefit of routine testing

- In PADA-1, serial ctDNA testing was used to identify *ESR1* mutations in mBC patients on standard therapy
- Patients found to have a mutation prior to disease progression were randomly assigned to continue treatment or switch therapies
- Switching therapy resulted in a doubling of median progressionfree survival
- Patients who switched to the new regimen at radiological progression only had a median progression-free survival of 3.5 months (smaller benefit if wait for progression vs switch at first detection of ESR1 mutation)

### SERENA-6: Building Upon PADA-1 with Novel SERD Therapy

Registrational Ph III trial aims to demonstrate improvement to PFS by switching to camizestrant at first detection of *ESR1* mutation vs waiting for clinical progression



- In STEP ONE, patients who had received an AI plus CDK4/6i for ≥6 mos are screened for the first set of inclusion and exclusion criteria
- Those who are eligible are tested for the presence of 11 key *ESR1* mutations in ctDNA every 2–3 treatment cycles (~8–12 weeks)
- Continuous ctDNA monitoring will occur until disease progression is detected → STEP TWO
- ESR1m patients are enrolled in STEP TWO and randomized 1:1 to SOC or switch to Camizestrant+ CDK4/6i
- Treatment regimen in **STEP TWO** continues until clinical progression, death, or withdrawal

### ESR1 Mutation Monitoring in HR+ Breast Cancer

Large patient population presents opportunity for monitoring at multiple lines of treatment



- ESR1 mutations are acquired from resistance to ET (esp AIs) and are not present in the primary tumor
  - Quantitative measurement (e.g., MAF%) is not as critical; need to know whether *ESR1* mutations are present or not (qualitative testing is sufficient)
- ESR1 mutations emerge far in advance of radiological progression (~9-12 mos)
  - Early detection of mutations via monitoring before patients show signs of progression can have meaningful clinical benefit → can rescue patients before progression
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# Heightened *ESR1* Sensitivity via cfDNA and exoRNA

### Key Liquid Biopsy (LBx) Terms



#### CTCs

Circulating tumor cells

Free-floating tumor cells (not tumorbound); relatively few in number



#### cfDNA/ccfDNA

- Cell-free DNA / circulating cell-free DNA
- DNA freely circulating in the bloodstream; can come from many sources



#### ctDNA

- Circulating tumor DNA
- Subset of cfDNA from tumor shedding/ necrosis; more prevalent in adv. disease

×50+

#### Exosomes

- Type of **extracellular vesicle (EV)** containing abundance of NAs, proteins, and more
- In relatively great abundance and can reflect disease dynamics in real time

### Leveraging Exosomes for a Differentiated Approach

Extracellular vesicles (EVs) are actively secreted by the cell and carry a snapshot of the body's transcriptome (exosomal RNA); combining exosomal NA + ctDNA can enhance variant detection



## ctDNA is released from the dying cells through apoptosis and/or necrosis

#### Allows detection of:

- Mutations/SNPs
- Methylation
- Fragmentomics

#### Exosomes are actively released from cells

#### Allows detection of:

- Mutations/SNPs
- RNA transcription pathway analysis
- Protein
- Glycomics/metabolomics
- Enable marker-based enrichment

One cell can secrete tens of thousands of exosomes per day. That same cell secretes no ctDNA until it dies, when it secretes just *two copies* of ctDNA.

\* For Research Use Only. Not for use in diagnostic procedures.

### Complete Assay Workflow Optimized for any Laboratory

We aim to provide a complete solution to support targeted *ESR1* mutation detection using widely installed qPCR instruments



#### Complete Solution Includes Sample Prep, RT & PCR Reagents, and Software

\* For Research Use Only. Not for use in diagnostic procedures.

### Introducing ExoLution<sup>™</sup> Plus cfDNA + exoRNA Isolation Kit<sup>\*</sup>

Proprietary ExoLution Plus Kit\* allows for the co-isolation of cfDNA + exoRNA in a single step



New LBx Sample Isolation Kit for Co-isolation of cfDNA + exoRNA

- New sample isolation kit to be launched with QuantideX<sup>®</sup> qPCR *ESR1* exoMutation Kit\*. Will support the growing portfolio of targeted liquid biopsy assays using qPCR
- Proprietary, column-based method for coisolation of cell free DNA (cfDNA) & exosomal RNA (exoRNA) from human plasma
- Provided with purchase of the assay
- Kit will be inclusive of necessary reagents and key consumables to support 50 isolations
- All components stored at room temperature (15 – 25°C)

### Product Overview: QuantideX<sup>®</sup> qPCR *ESR1* exoMutation Kit<sup>\*</sup>

Exosome-powered RT-qPCR test enabling ultra-sensitive detection of the most common & clinically relevant *ESR1* variants from plasma

Category	Description
Coverage	<u>11 <i>ESR1</i> ligand-binding domain mutations</u> : E380Q; V422del; S463P; L536H/P/R (X); Y537S/N/C/D (X); D538G
Kit Size	50 reactions
Analyte	cfDNA + exoRNA
Sample	2 – 4 mL Plasma [K <sub>2</sub> EDTA (purple top) or PAXgene® Blood ccfDNA Tube]
Assay Sensitivity	≤0.1% MAF (~5 copies/mL)
Platform	ABI 7500 Fast Dx + QuantStudio 5 Dx + QuantStudio 7 Pro Dx
Workflow	Sample-to-answer in one day (<6 hours)
Regulatory	RUO
Data Analysis	QuantideX qPCR ESR1 exoMutation Analysis Module

### Targeted *ESR1* Testing Enables Rapid, Simple Workflow

Exosome-powered RT-qPCR test enabling ultra-sensitive detection of the most common & clinically relevant *ESR1* variants from plasma



ESR1 results in a single workday  $\rightarrow$  Sample-to-Results <6 hrs with ~1 hr hands-on time

# Software Enables Comprehensive, Push-Button Analysis and QC



### QuantideX

qPCR *ESR1* exoMutation Analysis Module

- Automated variant calling
- Batch Control QCs
- Export results in LIMScompatible format (CSV)

#### Internal Controls

### Limit of Detection Demonstrates High Sensitivity

Probit analysis of synthetic DNA (0, 1, 3, 5, 10 copies/rxn) titrated in a background of presumed normal DNA (10,000 total copies)



Variant	LOD (%MAF)**	Company A (qPCR)	Company B (dPCR)
D538G	0.082%	0.4%	0.01%
S463P	0.066%	0.08%	0.025%
Y537S	0.025%	0.1%	0.025%
Y537C	0.028%	0.4%	0.025%
Y537N	0.025%	0.2%	0.025%
Y537D	0.030%	-	-
E380Q	0.028%	1.0%	0.025%
L536R	0.028%	0.7%	0.025%
L536H	0.041%	0.8%	-
L536P	0.028%	0.9%	-
V422del	0.030%	-	-

\*\*ABI QuantStudio 5 Dx

### ESR1 exoMutation Kit Exhibits High Analytical Specificity

Evaluation of target specificity (exclusivity) was determined on plasma procured from presumed normal samples

Collection Tube	Negative Percent Agreement	
K <sub>2</sub> EDTA	98.8%	
PAXgene Blood ccfDNA Blood Tube	97.7%	

- Utilized ExoLution Plus cfDNA + exoRNA Isolation Kit\* workflow for nucleic acid isolation
- High specificity (exclusivity) exhibited for K2EDTA and PAXgene Blood ccfDNA Blood Tube
- Support of multiple collection tubes allows better fit for lab-specific workflows

# *ESR1* Liquid Biopsy Surveillance in Treatment-Resistant, HR+/HER2- mBC

#### *ESR1* Mutations in HR+ Metastatic Breast Cancer

- ESR1 ligand binding domain mutations may be present in up to 40% of AI-treated HR+, HER2- mBC patients
- ESR1 mutations change cancer cells from estrogen-dependent to estrogen-independent cells

Improved Progression-Free Survival thru *ESR1* Monitoring

- Ongoing clinical studies (e.g., PADA-1, SERENA-6) aim to prove clinical utility for *ESR1* mutation monitoring for patients on frontline endocrine therapies
- NCCN guidelines amended to include *ESR1* mutation testing in LBx (blood)

# Heightened *ESR1* Sensitivity via cfDNA and exoRNA

- qPCR provides a costeffective workflow for *ESR1* mutation monitoring
- Increased sensitivity from LBx (plasma) utilizing cfDNA and exosomal RNA

# Thank You

#### FOR MORE INFORMATION:

Kevin Kelnar, Manager R&D, Product Development

Kevin.Kelnar@Bio-Techne.com

#### biotechne

TEL 612 379 2956 Toll-free 800 343 7475 • 614 McKinley Place NE, Minneapolis, MN 55413, USA